

DRAFT

MINUTES OF MEETING WASHINGTON STATE BOARD OF OPTOMETRY

A meeting of the Washington State Board of Optometry was called to order at 8:00 a.m., on October 14, 2003, by R. Richard Ryan, Jr., O.D., Chair. The meeting was held in the Department of Health Administrative Offices, 20435 72nd S, Second Floor, Kent Washington, Conference Room One. The Board appeared through telephone conference.

BOARD MEMBERS PRESENT

TELEPHONICALLY:

R. Richard Ryan, Jr., O.D., Chair
Lund Chin, O.D.
Thomas Riley, O.D.
Mary Lou Staples, Public Member
Jeffrey Sutro, O.D.
Ben Wong Jr., O.D.

STAFF PRESENT:

Judy Haenke, Program Manager
Melissa Quirke, Administrative Assistant

OTHER PRESENT:

Michael McCowan, O.D.

ORDER OF AGENDA

OPEN SESSION: 8:00 A.M.

1. CALL TO ORDER

1.1 Approval of Agenda

The Agenda was approved as written

2. Proposed Rules for Training and Oral Medication Formulary

The Board first discussed the proposed rules which set forth training requirements for certification for oral medication and epinephrine by injection.

After discussion with the Board and with stakeholders who were present and wished to comment, the following changes were made to the proposed draft language:

Two of the three references requiring "prescription writing" training were deleted

Proposed paragraph (2)(g) was deleted. It read: Approved Washington state Optometric formulary for oral medication is primary eye care.

Two spelling errors were corrected and the numbering changed to correct for deletion of language.

The Board then discussed current proposed language dated October 1, 2003, for the oral drug list and guidelines.

After discussion with the Board and with stakeholders who were present and wished to comment, the following changes were made to the proposed draft language.

In the Drug Formulary:

“Dry Eye Agents” was changed to “All dry Eye Agents”

“Central Analgesics” was deleted. It is covered under “Analgesics”

In the Guidelines:

The following was deleted for consistency:

“Dry Eye agents commonly used in eyecare shall fall into the following category:

- a. Cholinergic Agonists.

Items 9, 10, and 11, in the guidelines were moved to Items 5,6, and 7 for clarity.

Item 6. New medications that achieve FDA approval for use will be added to the drug list in the following categories and do not require prior approval from the board of optometry or pharmacy. Note amendments.

- a. Antibiotics
- b. Antivirals
- c. Antihistamines
- d. Decongestants
- e. Dry Eye Agents
- f. Diuretics
- g. Non-Steroidal Anti-inflammatory Agents (NSAIDS)
- h. Analgesics

Item 7. All other drugs on the list that gain new medications or categories with FDA approval shall be added to the list only through approval of the board optometry and pharmacy. This currently includes: Note Amendments.

- a. Antifungal Agents
- b. ~~Dry Eye Agents~~
- c. Anti-Emetic Agents
- d. ~~Diuretics~~
- e. ~~Non-Steroidal Anti-Inflammatory Agents (NSAIDS)~~
- f. ~~Analgesics~~
- g. ~~Central Analgesics~~

Item 12, which describes the process for review of new medications may be developed into a Board Policy, rather than incorporated into the rule.

The Above changes will be incorporated into the draft proposal and sent to the Washington State Board of Pharmacy for its review at its regular meeting on October 15-16, 2003. The Optometry Board will request feedback from the Board of Pharmacy in the form of comments, concerns and/or recommendations.

The revised draft of the Oral Drug List will be discussed in a joint meeting of the Board of Optometry and Board of Pharmacy on November 14, 2003. The meeting is scheduled to be held in the Department of Health Kent Office at 20435 72nd South, Second Floor, beginning at 9:00 a.m. An official agenda will be mailed to persons who are included on the mailing lists for the two professional boards.

The revised draft of the training requirements will be finalized for administrative review and processing.

ADJOURNMENT:

The meeting was adjourned at 10:07 a.m.

Respectfully Submitted:

Judy Haenke, Program Manager

Approved

R. Richard Ryan, Jr., O.D., Chair